

10th Grade Confirmation At-Home Preparation: September 2020

Dear 10th graders,

The following is your at-home preparation for the month of September. **Please complete before your small group meeting on September 20th** 😊.

Theme: Forgiveness and the Sacrament of Confession

Prayer: Choose a prayer or devotion to **complete with your sponsor** for the duration of September. Since this month's theme is forgiveness, you might choose to pray a daily Our Father, do a nightly [Examen](#) or commit to frequenting Confession a few times this month ([Examination of Conscience](#)).

Faith Content: Please watch/read the following faith content with your sponsor before September 20th. Your family and friends are strongly encouraged to watch with you as well!

- [Making a Good Confession](#) (Fr. Mike Schmitz)
- [Forgiveness](#) (Fr. Mike Schmitz)
- [Forgiving Others and Being Forgiven](#)
- [What the Bible Has Taught Me About Forgiveness](#)

Reflection and Discussion:

- Spend at least **15 minutes on your own reflecting upon the faith content** you have just watched and read. Feel free to do this while journaling, quietly reflecting, or spending time in front of the Blessed Sacrament.
- Please **discuss the following questions with at least your (1) sponsor and (2) parent(s)**. Feel free to discuss with other family members and friends as well!
 - What are the steps to making a good Confession? What are some different ways to examine your conscience?
 - Why is the Sacrament of Confession important? Why can't we just be sorry for our sins on our own? What is sin?
 - How do you understand forgiveness? What does it mean to forgive? To be forgiven?
 - Why is freedom at the heart of forgiveness?
 - What is the relationship between justice and forgiveness? Between love and forgiveness? Between trust and forgiveness?
 - Spend time thinking about the different stories from the life of Jesus. How did Jesus practice forgiveness? Give concrete examples.
 - Brainstorm some concrete way to practice forgiveness in your own life.

September Small Group Meeting: Sunday September 20th at 9am (after 8am Mass). You will meet with your table leader and small group for breakfast, fellowship, and discussion. Unfortunately, we will not all meet as one large group like last year.

"Love means to love that which is unlovable, or it is no virtue at all; forgiving means to pardon that which is unpardonable, or it is no virtue at all." - G.K. Chesterton

"Whatever our religion, we know that if we really want to love, we must first learn to forgive before anything else." -Mother Teresa

"To be a Christian means to forgive the inexcusable because God has forgiven the inexcusable in you." - C.S. Lewis